

January 27, 2019

THE PATH TO Change

EMBRACE CHANGE BY TRUST

PROVERBS 3:5-6 (NASB)

TRUTH: The speed of change, the scope of change, the type of change and the size of change is all increasing.

I. THREE CONSTANTS ABOUT CHANGE

1. Change is inevitable (Genesis 8:22).

a) There's no growth without change.

TRUTH: Every change requires loss.

COUNTER TRUTH: Every loss is a new beginning.

TRUTH: If you feel like you're just hanging in mid-air, feeling the sting of loss, remember...it's a test of God; will you trust Him?

2. Not all change is good, but God can use it all for good.

INSIGHT: We deflect the damage of difficult change by grief.

TRUTH: Healthy grief comes in waves.

TRUTH: We don't get over grief; we get through it.

TRUTH: Life change comes from choices, circumstances, and consequences.

TRUTH: Earthquakes, hurricanes, and tornadoes are circumstantial havoc makers having nothing to do with our behavior.

3. All change is a test of your faith (1 Peter 1:7).

II. PRINCIPLES OF TRUST

1. Look for God (Jeremiah 29:13).

TRUTH: When change comes, the way through is looking up.

2. Ask for leadership (James 1:5 NLT).

3. Listen for the soft voice (1 Kings 19:11).

TRUTH: In life change, slow down your mind and the RPMs of your life.

INSIGHT: The way through life change isn't asking "why," but "God, what do You want"?

4. Humble yourself (James 4:6).

INSIGHT: In painful life change reach for close friends.... humble yourself.

5. Trust God's promises (Philippians 1:6; 1 Peter 5:7 PH).

TRUTH: Peace comes in trusting God in situations we don't understand.

INVITATION: Psalm 112:7 (LB), "The righteous do not fear bad news, nor live in dread of what may happen. For they have settled in their mind that God will take care of them."